

**TPG**  **UKRAINE**  
Travel  
Professional  
Group **TRAVEL GUIDE**





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# INTERESTING FACTS ABOUT UKRAINE

➤ **Do you know where the deepest subway station in the world is?**

The deepest subway (metro) station in the world is located in the Ukrainian capital, Kyiv (Kiev)! It is Arsenalna metro station (red line) and its depth is 105 meters!

➤ **Do you know where the centre of Europe is?**

The centre of Europe is in Ukraine! Geographic centre of Europe is considered to be located in a small Western Ukrainian town Rakhiv, surrounded by picturesque Carpathian Mountains.

➤ **Do you know which city has the shortest main street?**

The shortest main city street, but at the same time one of the widest and the most spectacular, is Khreshchatyk Street in the Ukrainian capital, Kyiv. Its total length is 1,225 meters.

➤ **Do you know which language takes the second place in the world on melodic criteria?**

Ukrainian language takes the second place on melodic criteria after Italian, and it was ranked as the third most beautiful language in the world on such criteria as phonetics, vocabulary, and phraseology and sentence structure after

French and Persian at a linguistic contest, which was held in Paris in 1934.

➤ **Do you know who created the world's first constitution?**

Ukrainian politician Pylyp Orlyk created the world's first constitution. On April 5, 1710, he was elected the Hetman of Zaporizhia troops. On the same day, Pylyp Orlyk announced "the Constitution of the rights and freedoms of Zaporizhian army." For the record, the United States Constitution was adopted in 1787, while French and Polish in 1791.

➤ **Do you know which city the Great Russian novelist Mikhail Bulgakov called the most beautiful in the world?**

Mikhail Bulgakov said about Ukrainian capital and one of the oldest cities in Europe: "There is no more beautiful city in the world than Kyiv".

➤ **Do you know where you could see a famous shod flea?**

You could see a famous shod flea in Ukraine at the Kyiv Museum of Miniatures. Its author is a well-known Ukrainian master of miniatures, Mykola Syadrysty.

➤ **Do you know where the most beautiful girls live?**

The most beautiful girls live in Ukraine! Of course, you might think we overestimate Ukrainian girls but they are really beautiful.

**COME and see!**

Kyiv, Lviv, Odessa and many other beautiful Ukrainian places can become real treasures. Go ahead and start exploring this beautiful land of Cossacks' steppe, high mountains, glowing Black sea and beautiful people.

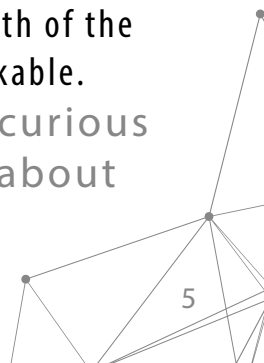
We invite you to the country where people are always happy to meet their guests, where you will be met with smile and sincere Ukrainian hospitality! Ukraine is a very vivid country, rich in culture and history. There is much to offer, many lovely sights, traditional sounds, decadent flavour and unique smells. A wide variety of attractions in Ukraine captures the interest of tourists from all over the world.

Visit this wonderful country and you will soon find there is always more to discover.



We welcome you to visit Ukraine, one of the biggest European countries located in the geographical centre of Europe, the Land of Cossacks, ancient culture, traditions and unique historical and architectural monuments dated two centuries before Christ...

Ukraine is indeed a country like no other. For seventy years hidden behind the Iron Curtain, this Sleeping Beauty suddenly arose with a new breath of life. For the tourist, the openness and warmth of the Ukrainian people is unmistakable. Ukraine's people are as curious about you, as you are about them.



# GENERAL

## information about Ukraine

### ✈ **Facts and figures**

**Total area:** 603,700 sq. km.

**Bordering countries:** Ukraine borders the Russian Federation to the east and northeast, Belarus to the northwest, Poland, Slovakia and Hungary to the west, Romania and Moldova to the southwest, and the Black Sea and Sea of Azov to the south and southeast, respectively.

**Time zone:** GMT +2 hrs, (GMT +3 between March and October).

**Population:** about 48 million.

**Climate:** mostly temperate or continental climate, subtropical and Mediterranean on the southern Crimean Coast.

**The average temperatures are:** winter – from  $-8\text{ }^{\circ}\text{C}$  to  $+2\text{ }^{\circ}\text{C}$  (from  $17.6\text{ F}$  to  $35.6\text{ F}$ ); summer – from  $+17\text{ }^{\circ}\text{C}$  to  $+25\text{ }^{\circ}\text{C}$  (from  $62.6\text{ F}$  to  $77\text{ F}$ ), though in daytime can get up over  $+35\text{ }^{\circ}\text{C}$ .

**Geographical features:** the longest river – the Dnieper 2,201 km long, the highest peak – Mountain Hoverla (2,061 m) located in the Carpathians. Ukraine is washed by the Black Sea and the Sea of Azov in the South.

**Dominant religions:** Orthodox, Greek Catholic.

**Capital:** Kyiv, with population reaching 3 mln.

**Languages:** Ukrainian, Russian.

**Money:** Hryvnia (pronounced /grivna/); currency code – UAH.

### ✈ **Visas**

Ukraine sets visa free regime for citizens of the European Union, Canada, the United States, Turkey, Switzerland and Japan for the period of stay less than 90 days. For other countries, please contact your travel agency for getting visa invitation.

### ✈ **Arrival**

The majority of travellers arrive to Ukraine by air landing in the country's main international airport Boryspil (20 km away from Kyiv). International flights are also operated to and from Kharkiv, Odessa, Lviv and Dnipro.

## ➤ **Travelling within Ukraine** ➤ **Electricity and telephone lines**

Kyiv is conveniently connected with major Ukrainian cities by a ramified railroad network, and your railroad trip to any destination within the country in most cases will be an overnight journey in a comfortable sleeping car. Railroad fares are relatively moderate but the availability of tickets may be limited especially in peak season. Therefore, using services of a local tour agent may relieve you from the bustle of choosing the right train and booking a ticket. Domestic flights may be a good alternative as well – they commute from Kyiv to main regional centres daily.

The Ukrainian main current is 220 V, sockets do not fit for European and US electric appliances, therefore carrying a universal adapter and voltage transformer is essential. The international dialling code for Ukraine is +380. Calling from city payphones requires buying a calling card. For an international access, dial 00, your country and area code followed by a phone number. Most hotels have a Business Centre and there are Internet cafes available in Kyiv and larger cities and towns.

## ➤ **Operating hours**

Offices usually open at 9 am and work until 6 pm on weekdays with lunch breaks from 1 to 2 pm being quite common. Banks admission hours are generally from 9 am to 1 pm. Shops, especially groceries, are open until 8pm.

## ➤ **Payments**

However, credit cards are increasingly more widely accepted across Ukraine, having a sufficient supply of cash is important. ATMs are installed next to large shopping and business centres. In addition, there are many currency exchange offices scattered over busiest parts of cities and accepting US dollars, Euros and other major currencies. Please, have a copy of your passport. Traveller's checks are not easily accepted in Ukraine. If you still want to take some traveller's checks on your trip, take Thomas Cook or Visa. To cash traveller's checks you will need your passport and a receipt of purchase.

## ➤ **Safety**

As in most large cities, foreigners are lucrative targets for petty theft and street crime, and valuables should be kept out of sight, especially in crowded areas and at tourist spots. In this regard, Kyiv is as safe as any other large European city.

## ➤ **State holidays**

**1 January** New Year

**7 January** Christmas

**8 March** International Women's day

**April – May** Easter

**1-2 May** Labour Days

**9 May** Victory Day

**May – June** Holy Trinity

**28 June** Constitution Day

**24 August** Independence Day

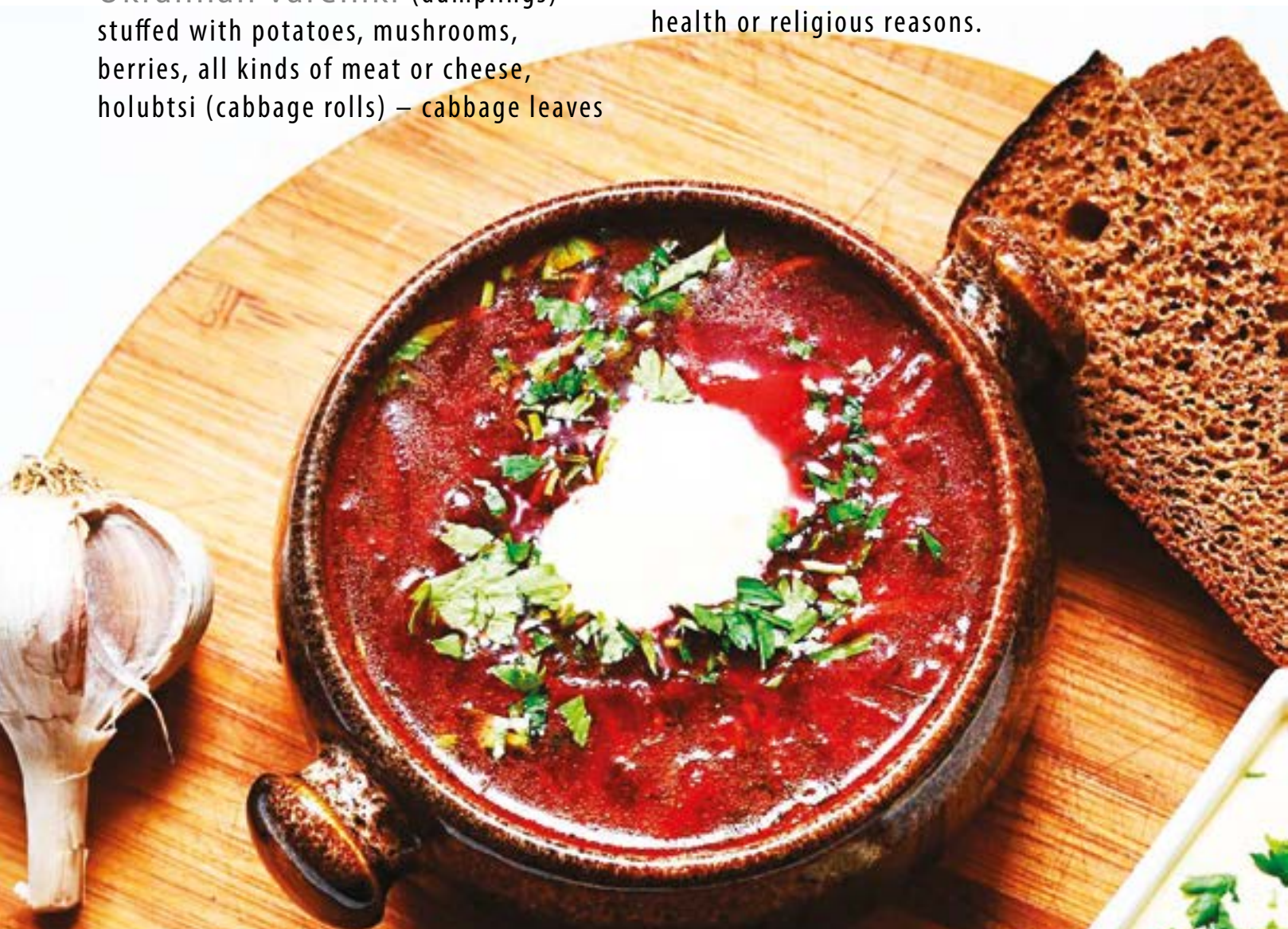
## ✈️ Food

Most big cities offer foreign visitors places from international fast food eateries like McDonald's to most exquisite French and Japanese restaurants. Please, note that some restaurants include tip in your check, otherwise from 5 to 10 percent tipping is customary.

If you have a temptation of Ukrainian generous cuisine, please, remember that traditional Ukrainian dishes are very rich in both flavour and calories. Nevertheless, they are definitely worth forgetting your weight-sensitivity for a while. Ukrainian cuisine restaurants become more and more popular with traditional borsch – red and green, several kinds of Ukrainian vareniki (dumplings) stuffed with potatoes, mushrooms, berries, all kinds of meat or cheese, holubtsi (cabbage rolls) – cabbage leaves

stuffed with rice, meat, carrot and fried onion, usually served with sour-cream, jellied meat with horseradish, suckling pig, stuffed fish and plenty of

other Ukrainian specialties. Dishes often contain pickled vegetables when these are not in season. Famous Ukrainian specialties also include Chicken Kyiv and Kyiv Cake. Well known Ukrainian drinks are: stewed fruit (uzvar), juices, milk, buttermilk (kefir), mineral water, tea and coffee, beer, wine and, of course, horilka (which means "vodka" in Russian). It is a tradition to offer a drink to guests, who must not refuse it, except for health or religious reasons.





## ➤ **Ukrainian habits**

Ukrainians are very hospitable, be ready to be invited to your friends' houses for meals and drinks. This includes heavily laden tables, gifts, and many toasts. Show good manners by taking off your shoes when you enter the house. If invited into a family home, it is traditional to bring a gift. A bottle of wine, a cake or a bouquet of flowers is customary (there is a superstition that even number of flowers in a bouquet is considered a bad luck). If there is a child in the house, it is appropriate to present him/her with a small gift as well. When you host a party and would like to thank your guests for coming, they might think it is time to leave, so save that for the end.



## ➤ **Places of attraction**

Ukraine is a land of tourism, with the ancient history, outstanding culture, and great distinctive folk traditions. The most prominent historical and cultural monuments are located in Kyiv, Lviv, Odessa, Chernihiv, and Kamianets-Podilskyi. A great number of archaeological monuments is concentrated in the Southern Ukraine. For example, tourists are attracted by excavations of the antique city-states of the Northern Black Sea areas – Tira, Olvia, Khersonese, archaeological museums in the cities of Kyiv, Odessa. The unique cultural and historical heritage is represented by the architectural monuments of the Kievan Rus period (9 – 12 centuries) in Kyiv, Chernihiv, Kaniv, Ovrutch, Volodymyr-Volynskyi; of defence architecture – fortresses in Lutsk, Kamianets-Podilskyi, Khotyn, Bilhorod-Dnistrovskyi, Uzhhorod, Mukachevo; palace complexes in Lviv and Chernihiv regions; religious and civic architecture in the Carpathians; open air architectural and ethnographic museums in Kyiv, Pereyaslav-Khmelnytskyi, Lviv, Uzhhorod, Chernivtsi, Halych; art galleries in Kyiv, Lviv, Odessa, Kharkiv etc. During the

visits to these museums, tourists not only get familiar with the life, architecture and traditions of the Ukrainian people, but also have a chance to watch dance ensembles and listen to folk songs.

Ukraine has long-standing traditions of handicraft, typical of all parts of the country: embroidery, woodcarving, ceramics, and carpets, handbags, toys making, weaving, incrustation etc.



# NORTHERN UKRAINE

The art and architecture of Kyiv are considered world treasures and are enlisted into World Heritage of UNESCO.

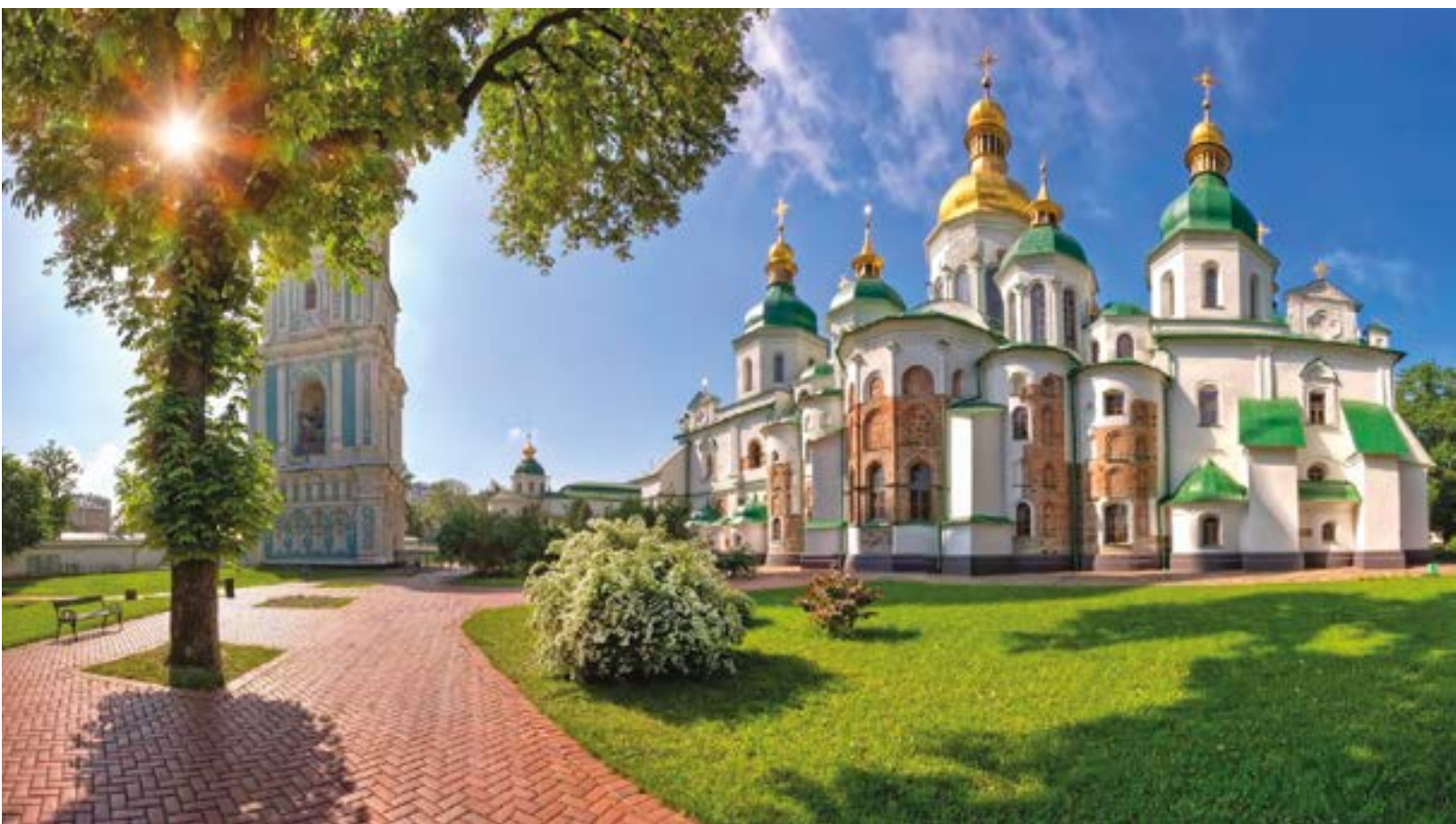
This area is rich in sacral attractions, which one can see almost in every region of the area (St. Sophia Cathedral, Anthony Caves, Spaso-Preobrazhensky Cathedral and others), as well as in cultural-historical, architectural monuments and monuments of the landscape architecture.

Northern Ukraine has a high cultural, religious and industrial meaning, embedded in the heart of the country, the city of Kiev.

Kyiv, like Rome and Paris, is located on seven hills, and is one of the greenest capitals in the world. Ancient Kyiv is fifteen hundred years old. It is called the Mother of Russian cities and was a political centre of the Eastern Slavic tribes. During the 9th – 12th centuries, it was the capital of a powerful

medieval state named Kievan Rus. Saint Sophia Cathedral in Kyiv in the 11th century was the venue of coronations, audiences with foreign ambassadors and signing of international treaties, and now is included in the UNESCO World Cultural Heritage List. The special values are wall pictures of the 11th century – 260ml of mosaics and 3000ml of frescos, which make up a unique ensemble of medieval World Culture History.

Every town has its own sacred place and soul. The Acropolis of Athens, the Egyptian pyramids at Cairo or Notre Dame of Paris. Kyiv's soul is Kyiv Pechersk Lavra. Lavra indicates the highest status of an Orthodox male monastery.



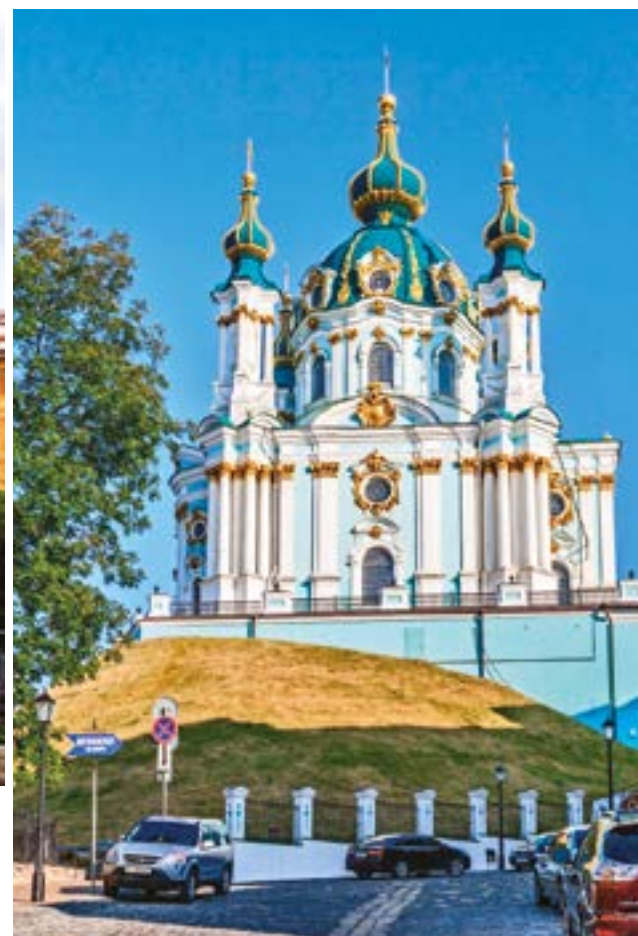
Orthodox Christians believe that Kyiv Pechersk Lavra is the second most important place of religious worship after Jerusalem. The monastery was founded on the basis of underground caves about a thousand years ago. Thousands of worshippers from all over the world come to pray in front of sacred relics and see the wonders that science cannot explain. Relics have been kept for centuries in the semi-darkness of the caves without embalming.



On the territory of the Monastery, there are many interesting museums. Of exception value is a collection of Scythian gold (from 9 century BC) up to treasures of Ukrainian gold reserve in the Museum of historic treasures. Among the works of Museum of Miniatures, you will find the smallest engine in the world, a camel Cade in a needle's eye, a rose in a hair and others.



Andriyivsky Uzviz in Kyiv is like Montmartre in Paris. It is famous for its atmosphere. Artists claim that the aura of the street itself inspires their creativity. Regardless of the weather, you will definitely see artists demonstrating their works everywhere: on the fences, walls of the houses, on the ground, even on themselves. You can also buy Ukrainian souvenirs and listen to street musicians. Find paintings and watercolours of all possible trends, from stark realism to surrealism, to abstractions; amazing creations of handicrafts and applied arts; needlework, pottery, woodwork, weaving.





The national Museum of Folk architecture and Rural Life (open-air museum) covers 159 hectares of picturesque sites, where about 300 monuments of folk building tradition are located, filled with household utensils, working instruments, clothes, works of folk art, folk costumes, fabrics, embroidery, carpets, ceramics, articles of metal, wood, glassware, musical instruments, paintings, tools, household articles and the like. Every section features the churches, houses, household construction and workshops of the 16th-early 20th centuries, located in the natural settings.

The museum organizes craft days three or four times from May to November, when visitors can see blacksmiths, potters, coopers, weavers, carpet makers and other artisans at work.

On Sundays, choirs and folk musicians stage concerts of Ukrainian music.

State museum of folk architecture and way of life in a settlement of Pyrohovo gives all visitors possibility to feel the life of the age-old Ukrainian village.

The Chernobyl museum.

Exposition depicts the reasons of catastrophe occurred in 1986 on Chernobyl atomic station, tells about radiation influence on animal and plant life, about heroic actions of liquidators. There are declassified documents, maps, schemes, private items of disaster victims among museum displays. One can see unique videos about the catastrophe and its consequences, current model of the Chernobyl Nuclear Power Plant, dynamic diorama of the Chernobyl Nuclear Power Plant before, during and after the accident that shows the moment of the explosion, destroyed nuclear power plant and constructed sarcophagus over the destroyed unit.

Ancient Chernihiv.

In the 12th-13th centuries, Chernihiv was the capital of a mighty principality about the size of modern France. Most of Chernihiv's architectural sites are found in Dytynets, a historical area in the centre of town. The city's historical treasure is the 11th-century Church of the Transfiguration of Our Saviour. This is one of the oldest cathedrals of the Kievan Rus. The most mystic and visited places in Chernihiv are the legendary Caves of St. Anthony at St. Elias Monastery, one of the oldest remnants from the times of the

founder of the Kyiv Pechersk Lavra, Saint Anthony, visited Chernihiv. Later a monastery was built there, and the famous St. Elias Monastery appeared in the 12th century. For many centuries, the monks dug catacombs until an underground complex appeared. These catacombs have been the site of many



phenomena for which there is no scientific explanation. In the 1960s, members of archaeological expeditions claimed to hear strange sounds and smell the aroma of burning incense, and they often reported feeling that someone was breathing down the backs of their necks. In 1970, the famous Black Monk, an apparition in a long black robe, made his first appearance... Most visitors of the caves experience increased vitality, euphoria and correction of abnormal heart rhythms, so from time immemorial, people from all over Ukraine have travelled there to be cured of various ailments.



## Queen's Garden – Sofiyivka.

Only few women remain in the memory of future generations as true Beauties. Sofia de Vitt-Pototsky was lucky enough to have her beauty enshrined in one of the most beautiful parks of Ukraine and the world: Sofiyivsky Park, or Sofiyivka.

It is great to stroll there in the park: from Lower Pond with its 15-metre-high "Snake" fountain to Diana's Grotto; from Devil's Bridge to the Acheron underground river; from the island of Anti-Circe to the amphitheatre. Everything there celebrates the memory of



Sofia de Vitt-Pototskiy, from the name of the park to the numerous biographies at the souvenir stands.

A wealthy Count Stanislaw Pototskyi (1751-1805) immortalized his boundless love for his wife there. Sofiyivka is really impressive: there are exotic trees from all over the world, marble sculptures that seem to come from the pages of the Iliad and Odyssey, numerous ponds, waterfalls, fountains and grottos. It also covers an impressive area: 179 hectares. In 2007 it was declared one of the seven wonders of Ukraine.

# KIEV EXCURSION PROGRAM

## WEEKEND IN KYIV

4 days/3 nights



- 1 Day. Arrival to Kyiv. Meet & greet at the Boryspil airport. Transfer to the hotel.
- 2 Day. City tour with visit of St. Sophia Cathedral: During the tour, you will see Khreshchatyk, Opera and Ballet Theatre, Golden gates, St. Michael's Cathedral and visit St. Sophia. Free time on Andriivsky Uzviz. Visit the unique "Chernobyl" museum.
- 3 Day. Kyiv-Pechersk Lavra (National Historic-Cultural Sanctuary/Monastery). Ukrainian Museum of Folk Architecture and Rural Life (outdoor museum).
- 4 Day. Departure and transfer to the airport

## KYIV THROUGH AGE

6 days/5 nights

- 1 Day. Arrival to Kyiv. Meet & greet at the Boryspil airport. Transfer to the hotel.
- 2 Day. City tour with visit of St. Sophia Cathedral: During the tour, you will see Khreshchatyk, Opera and Ballet Theatre, Golden gates, St. Michael's Cathedral and visit St. Sophia. Free time on Andriivsky Uzviz. Visit the unique "Chernobyl" museum.
- 3 Day. Kyiv Pechersk Lavra (National Historic-Cultural Sanctuary/Monastery). Ukrainian Museum of Folk Architecture and



- Rural Life (outdoor museum).
- 4 Day. Full day tour to Uman with a visit to the Sofiyivka Dendropark.
- 5 Day. Full day tour to Chernihiv.
- 6 Day. Departure and transfer to the airport.

## KYIV-LVIV

6 days/5 nights

- 1 Day. Arrival to Kyiv. Meet & greet at the Boryspil airport. Transfer to the hotel.
- 2 Day. City tour with visit of St. Sophia Cathedral: During the tour, you will see Khreshchatyk, Opera and Ballet Theatre, Golden gates, St. Michael's Cathedral and visit St. Sophia. Free time on Andriivsky Uzviz. Visit the unique "Chernobyl" museum.
- 3 Day. Kyiv Pechersk Lavra (National Historic-Cultural Sanctuary/Monastery). Ukrainian Museum of Folk Architecture and

- Rural Life (outdoor museum). Free time on Independence Square Departure by overnight train to Lviv.
- 4 Day. Arrival to Lviv. Meet & greet at the railway station. City tour with a visit to Lychakiv Cemetery. Check-in at the hotel. Walking tour "The gems of the Old City" (Rynok Square, City Hall, Gothic Latin Cathedral, City and Royal Armouries, Armenian Cathedral, Pharmacy Museum).
- 5 Day. Museum of Folk Architecture and Rural Life. Free time.
- 6 Day. Departure and transfer to the airport.

# KIEV RECOMMENDED HOTELS

## INTERCONTINENTAL 5\*

Situated in the very heart of ancient Kiev and next to three main Ukrainian orthodox churches: St. Sophia, St. Michael and St. Andrew. The location of the InterContinental is truly unique. Built to match its historical surroundings, the hotel's traditional style is grand and elegant. Business travellers will appreciate our proximity to corporate entities, government agencies and embassies. When it is time for leisure, a wealth of shopping, historical and cultural sights are nearby including the Opera House, Khreshchatyk and the Museum of Eastern and Western Art. Guests can choose between classical standard rooms and elegant and contemporary designed suites. The highlight of the hotel's accommodation is the stunning Presidential suite with 314 sq.m. and panoramic views of Kyiv.



## RADISSON BLU HOTEL 4\*

Located in a historical part of Kiev's city centre, the Radisson Blu Hotel is also in a secure location due to its close proximity to diplomatic representatives. The hotel is within easy walking distance of many business centres, government offices and Khreshchatyk. Nearby, guests will find a number of parks, gold-domed churches and the Golden Gate, one of the last remaining ancient monuments in Kiev. The location of Radisson Blu Hotel in the city centre is also just 37 kilometres west of Boryspil International Airport. The hotel has 225 spacious bedrooms of varying comfort and size, a business centre, restaurant, bar.

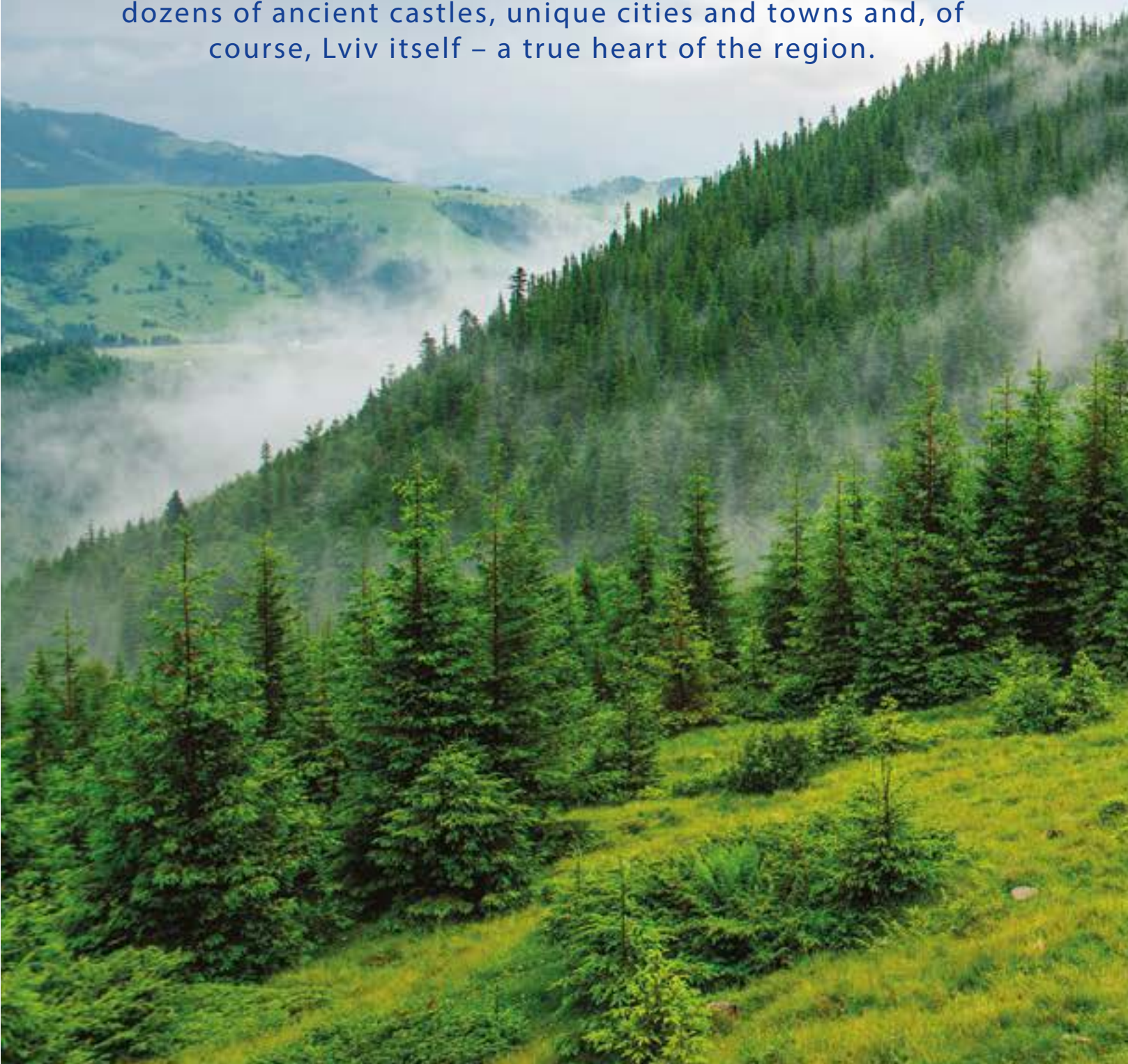


## RUS 3\*+

This hotel, one of the most popular three-star hotels in Kyiv, is located just 500 meters from Khreshchatyk and just 200 meters from the Olympic Stadium. All 449 rooms are air-conditioned, have cable TV and free Wi-Fi. A generous buffet breakfast is served each morning in the Rus restaurant. There is also a sushi bar in the lobby and a garden terrace for al fresco dining in the summer. The Rus hotel offers excellent conditions for conferences, banquets, business meetings and consultations. The hotel's spacious conference hall can hold maximum 500 persons at a time, and banquet halls allow having a pleasant working lunch and a corporate party for up to 1,000 persons. The hotel can arrange car rental, and there is free guarded parking.

# WESTERN UKRAINE

It would be hard to find a region in Ukraine that could compete with the West when it comes to the number and variety of interesting sites: the Carpathian Mountains, Little Polissia, world-class balneotherapy spa resorts, dozens of ancient castles, unique cities and towns and, of course, Lviv itself – a true heart of the region.









# WELCOME TO LVIV

**LVIV** is  
a quintessential old  
European city.

First mentioned in historical records in 1256. Prince Danylo Halytskyi, who named it in honour of his son Lev (lion in English), founded Lviv. For this reason, you will encounter sculptures of lions all over the city.

Each quarter of the historical centre of Lviv has its own unique flavour and history in the form of medieval churches, old stone buildings, cobblestone streets, aromatic coffee houses and the artistic ideas.

The central part of the city is included in the World Heritage UNESCO list. Over the centuries, Lviv has always provided a warm welcome for its guests, each of them bringing various different products of their civilizations to the city, as well as their national characteristics: German deal, Italian vigour, English merchant's wisdom, Polish humour. So modern international tourists can enjoy unique Ukrainian culture in the city, yet find some aspect of that, what will remind them home.



In the centre of the Rynok Square stands the 65-metre-tall City Hall, the entrance guarded by two lions. Climbing the 390 stairs to the top of City Hall affords a stunning view of the city. 44 buildings surround Rynok Square from different eras built in a variety of styles (Renaissance, Empire and Baroque). All four corners of the square are decorated with sculptures of ancient Gods and Goddesses.

The narrow cobbled streets around Rynok Square once housed the workshops of Lviv shoemakers, printers, chemists and numerous other tradesmen. Some of today's street names, for instance *Virmenska* (Armenian), *Yevreyska* (Jewish) or *Serbska* (Serbian) still remind visitors of the multicultural history of the city.





Near Rynok Square, one can buy medicine at the Pharmacy Museum, founded in 1735. Its interior has remained virtually unchanged to the present day. Its massive oak shelves display pharmaceutical glassware and porcelain, and the basement features an exhibition of ancient pharmaceutical equipment.



One of Lviv's oldest buildings is the Armenian Cathedral, whose artistic value is derived from its 15th-century sculptures. Almost every house on the Virmenska Street is a point of architectural interest, including the Four Seasons House. Its facade depicts the twelve signs of the zodiac, the four seasons and Chronos who measures time.

Another symbol of Lviv is High Castle Hill, a former residence of the Prince and the highest point in the city. From the hill's observation terrace, one can see panoramic view of the city's historical centre. In the evenings, the focal point of Lviv life moves to the central Svoboda Avenue, where the beautiful streetlights reveal fashionable Lvivans out for a stroll or simply waiting for the beginning of a performance at the Opera and Ballet Theatre. The theatre was built in classical style following the traditional lines of what was then known in Europe as the Viennese Pseudo-Renaissance of the 19th century. Both the exterior and the interior, enhanced with many original works of art, project magnificence and splendour.





No discussion of Lviv would be complete without a mention of coffee. As they say in Lviv, “morning, business and love – everything begins with coffee”. In fact, Europe’s first coffee house, the House under the Blue Bottle, was opened in Vienna by Yury Kulczycki, a native of the Lviv region. Maybe this explains why one has to go to the capital of Austria to find coffee that is as rich and aromatic as the coffee in Lviv.



The Museum of Folk architecture and Rural Life includes a number of miniature villages. It is a fascinating insight into the real life of Ukrainian people in 18-20th century. Lychakiv Cemetery is one of the oldest graves in Europe, dating back to the 1500’s, more a sculpture garden than a cemetery due to ornate monuments, tombs and sarcophagi within its grounds. Many graves contain the remains of famous Ukrainians, eminent Poles and Austrians.



## WONDERS OF KAMIANETS-PODILSKYI

Kamianets-Podilskyi is listed among the “Seven Wonders of Ukraine” for good reasons. Its gems are the mighty fortress, the incredible Old City, and the fairy-tale Smotrych River canyon. A rocky island skirted by the tight loop of Smotrych River flowing in a picturesque canyon, served as a unique pedestal on which over more than a thousand years miracle in stone was created.

Evidence that

Kamianets-Podilsky was one of the strongest fortresses of Europe for several centuries is found in the watchtowers standing all-round the city-island having a unique system of sluices that raised the level of



Smotrych River in case of attack. In St. Peter and Paul Cathedral from the 15th – 19th centuries, there is a 36-metre-high minaret with a gilded statue of Madonna on its top.

During Turkish rule (1672-1699), the cathedral was turned into a mosque, and when Kamianets-Podilsky was returned to Poland, the new rulers decided not to demolish the minaret. Instead, they installed a gilded statue on top. In the Cathedral, there is the most valuable art treasure of Kamianets-Podilsky, a marble headstone of 21-years old Laura Przedziecka that was once sought after by the Hermitage museum in St.-Petersburg, but the city managed to keep Laura.

# KHOTYN

With a movie "Career" for more than four decades and a long list of "roles", this fortress is a real movie star! It has played the French La Rochele and grim English castles, a magic palace from H.C. Andersen's fairy tales and R. L. Stevenson's medieval stronghold. A real movie star, Khotyn fortress hides from impertinent curiosity. You can drive through this one-storied town in the Chernovtsy region and not have the slightest idea of the treasure hidden nearby on the bank of the Dniester River. It came into being in the times of Kievan Rus.

Even then, the stronghold that protected ferriage across the Dniester was one of the mightiest in Eastern Europe. Five towers on the high walls (up to 60 meters!) are decorated with ornamental red bricks.

In some places, the ornament is interrupted by enemy cannon balls, the scars on the body of the movie star fortress. Inside the Castle, there are remains of the Governor's Palace. In that time, when Khotyn belonged to the Ottoman Empire, the palace was transformed into a golden cage for the 37 captives of Pasha's harem. In its foundation, there is a diorama of the Khotyn battle of 1621, when Cossacks saved Europe from Turkish invasion.

The Khan predicted that he would have breakfast under the walls of Khotyn among the Cossacks troops and would have dinner in the fortress with the Polish troops. He did not manage to do it though, because the intense battling continued for five weeks. Half of the soldiers were killed, but the fortress remained unconquerable. Nevertheless, that was long ago. Now Khotyn fortress welcomes thousands of tourists who come here in order to discover the magic and fall in love with a movie star castle forever.



# LVIV EXCURSION PROGRAM



## WEEKEND LVIV

4 days/3 nights

- 1 Day. Arrival to Lviv. Meet & greet at the airport. Transfer to the hotel.
- 2 Day. City tour with a visit to Lychakiv Cemetery. Walking tour "The gems of the Old City" (Rynok Square, City Hall, Gothic Latin Cathedral, City and Royal Armoires, Armenian Cathedral, Pharmacy Museum).
- 3 Day. Museum of Folk Architecture and Rural Life.
- 4 Day. Departure and transfer to the airport.

## "GEMS OF OLD CITY" LVIV

5 days/4 night

- 1 Day. Arrival to Lviv. Meet & greet at the airport. Transfer to the hotel.
- 2 Day. City tour with a visit to Lychakiv Cemetery. Walking tour "The gems of the Old City" (Rynok Square, City Hall, Gothic Latin Cathedral, City and Royal Armoires, Armenian Cathedral, Pharmacy Museum).
- 3 Day. Museum of Folk Architecture and Rural Life. Visit the Museum of Beer Brewing in Lviv.
- 4 Day. Full day tour to the castles of "Lviv Golden Horseshoe"
- 5 Day. Departure and transfer to the airport.

## "UKRAINIAN RAINBOW"

10 days/9 nights

- 1 Day. Arrival to Lviv. Meet & greet at the airport. Transfer to the hotel.
- 2 Day. City tour with visit to Lychakiv Cemetery. Walking tour "The gems of the Old City" (Rynok Square, City Hall, Gothic Latin Cathedral, City and Royal Armoires, Armenian Cathedral, Pharmacy Museum)
- 3 Day. Lviv – Mukachevo. Visiting Mukachevo Castle. Overnight stay at the hotel in Mukachevo.



- 4 Day. Mukachevo – Ivano-Frankivsk. On the way to Ivano-Frankivsk, visit the towns of Khust, Rakhiv and the Carpathian Nature preserve. Overnight stay at the hotel in Ivano-Frankivsk.
- 5 Day. City tour in Ivano-Frankivsk. Visit to the Manyavsky Skyt (1611) Monastery
- 6 Day. Ivano-Frankivsk – Yaremche – Kolomyia – Kosmach – Chernivtsi. Overnight stay at the hotel in Chernivtsi
- 7 Day. Chernivtsi – Khotyn – Kamyanets-Podilskiy. City tour of Chernivtsi Khotyn fortress. Overnight stay at the hotel in Kamyanets-Podilskiy
- 8 Day. Kamyanets-Podilskiy city tour and fortress visit. Transfer to Ternopil. Overnight stay at the hotel in Ternopil
- 9 Day. Ternopil – Pochaev – Lviv Pochaiv Lavra Monastery visit. Overnight stay at the hotel in Lviv
- 10 Day. Departure and transfer to the airport.



# LVIV RECOMMENDED HOTELS

## LEOPOLIS 4\*

“Leopolis” Hotel is a truly unique, luxurious boutique hotel in the heart of the city centre, only a few steps from Rynok Square. The Lviv Opera House, Roman Catholic Church of Jesuits, Latin Cathedral, Town Hall, Armenian Church and many other splendid architectural monuments are within walking distance of the Hotel that makes it the right place to start discovering this extremely attractive city. Exquisitely comfortable guestrooms and three deluxe suites are designed for maximum comfort. With the harmonious combination of classical charm and all the modern conveniences, you expect from your choice hotel, you will escape into the most pleasantly stimulating, awe-inspiring environment throughout all of Europe. Special executive hour service from 17:30 until 19:00 with complimentary soft and alcohol drinks and canapés in the cosy Library will make a good start for your evening.



## EUROHOTEL 4\*

Eurohotel, the first hotel of BUSINESS SUPERIOR class in Lviv, is a perfect choice for those who arrived in Lviv on business trip or are just traveling, while every customer may find here something special for himself. It is situated in a cosy corner of tourist and business centre of Lviv, combines hiking opportunity and comfortable transport communication with main objects – airport, railway station, bus station, etc. Floors for non-smokers, comfortable rooms to any taste, cosy cushioned. Each room has: modern furniture, mini-bar, free Wi-Fi Internet, cable TV, hotel cosmetics, and bathroom with shower cubicle or bathtub.

## DNISTER 3\*

Dnister Hotel is situated in historic centre of Lviv and surrounded by the picturesque old park. Rooms and suites feature a breath-taking panorama of Old Town that is listed in UNESCO World Heritage. The hotel offers 150 rooms of different class and size, restaurants and bars, conference halls and meeting rooms. Dnister is a hotel in Lviv that combines traditional hospitality and individual attention to each guest with high service standards of Premier Hotels collection.



# EASTERN UKRAINE

Despite the fact that Eastern Ukraine is heavily industrialized region, it is extremely rich in various kinds of sightseeing: museums, churches, natural reserves etc.





## **KHORTYTSIA. ISLAND OF FREEDOM**

The island Khortytsia is one of the seven wonders of Ukraine. Khortytsia became famous in times of Zaporizhian Sich (initially – a fortified military camp, later on – the largest organization of free Ukrainian Cossacks). Land and waterways from the north to south crossed at Khortytsia. Near the isle, the Dnieper rapids began, and the Viking drakkar long ships and Cossack 'chaika' boats could not go further. For ancient Greeks who travelled in the northern direction it was also the end of the way. Moreover, how could such a strategic place remain without defence? Scythians (6th and 5th centuries BC) built the first fortresses there. At the end of the 15th century, Cossacks built their stronghold on the island. It was convenient because they could defend themselves, fish and keep bees, breed livestock in the steppe and hunt in the forests of Khortytsia. Here there was no oppressive serfdom and everybody was free, which was unknown in feudal Medieval Ages. Freedom in Ukraine started from here!



Construction of a historic and cultural Zaporizhian Sich centre began in 2004. And recently Khortytsia hosted the "Kozatskiy Ostriv" (Cossack Island) festival with folk handicrafts, smiths and potters, and a performance by the Cossack horse theatre. Although possibly not fully authentic, reviving the Sich during the festival gives an image of former and modern Ukraine. This image is enthusiastic, free and brave, just like the Zaporizhian Cossack.



## ASKANIA NOVA. STEPPE MIRACLE

One of the owners from the von Falz-Fein family, Baron Friedrich von Falz-Fein, was fond of zoology since childhood and created a zoo and a botanical garden in the middle of the steppe. A year later, the residents of the Baron's zoo (bear, deer, roe, hare and 32 species of birds) were joined by imported animals, including three antelopes, some kangaroos and a couple of ostriches Nandu. The park started attracting both tourists and scientists (biologists and zoologists) who arrived to carry out research.

Already at the end of the 19th century, Baron Falz-Fein realized the environmental importance of this unique plot on Europe's feather grass steppe and set aside a part of his wild steppe land for its own protection. Today, 11,054 hectares of the reserve are covered with virgin feather grass and looks especially impressive in summer and early

autumn. In spring, the reserve becomes carpeted in tulips, irises and hyacinth. More than 400 species of herbs and flowers exist in the Askania-Nova steppe area, 85 of which only grow here and nowhere else.

Nevertheless, this is not what tourists come looking for: a large part of Askania-Nova is used as grazing land for the animals, which live close to as they would in the wild. With 2,250 species of animals in Askania-Nova, the prospect of having a great photo safari in Southern Ukraine comes to life! Here, you can see Saiga and Oryx antelopes, American bison and Andean llamas, Shetland ponies and Kudu antelope, African water buffalo and zebras, ostriches and blue wildebeests.

The pride of the reserve is its numerous herds of Przewalski's horses, whose breeding started in Askania-Nova back in 1899. It is also a paradise for ornithologists: swans, flamingos, pheasants, peacocks and peahens, larks, pallid harriers, partridges, bustards and cranes –

270 species of birds live here.

Since 1985, the Askania-Nova Biosphere Reserve is listed in the World Network of Biosphere Reserves under UNESCO's Man and the Biosphere Program. Regular excursions are offered in the reserve, including visits to the local zoo and park, horseback riding and minibus tours, and much more.



# UKRAINIAN NATURE, SPIRIT AND GLORY

6 days/5 nights

- 1 Day. Arrival to Kyiv. Meet & greet at the airport. Transfer to the hotel.
- 2 Day. City tour with visit of St. Sophia: During the tour, you will see Khreshchatyk, the Opera and Ballet Theatre, Golden gates, St. Michael's Cathedral and visit St. Sophia. The National Kyiv Pechersk Lavra.
- 3 Day. The Ukrainian Museum of Folk Architecture and Rural Life (out-door museum). Transfer to the airport. Train Kyiv-Zaporizhzhia. Check in at the hotel in Zaporizhzhia
- 4 Day. Zaporozhian Sich. Historical-Cultural Complex on the Island of Khortytsa. Stone Grave Preserve
- 5 Day. Askania-Nova Natural preserve. Overnight train to Kyiv.
- 6 Day. Departure and transfer to the airport.



# SOUTH UKRAINE

The region has access to the Black sea, mild climate and fertile soils. Therefore, southern Ukraine area is the centre of marine transportation, agriculture, shipbuilding, and oil and gas extraction.





ИМПЕРАТРИЦА КАТЕРИНА II



# WELCOME TO ODESSA

## ODESSA

With its excellent harbour, the city has become the biggest Ukraine's port and the southern window to Europe.

Its inhabitants are usually known for their wittiness, eccentricity, commercial skill and inexhaustible humour, as well as for the original style of behaviour and speaking. Odessa has a well-deserved reputation of the Capital of Fun. Tall trees shade the cobblestone boulevards and the decorated palaces-turned-museums add distinctive French and Italian styles to the present display. At only 200 years old, Odessa is one of the youngest cities in Europe with the neo-classical buildings that date back to the Russia's gilded age. Odessa swiftly rose to the third place in the Russian Empire after Moscow and St. Petersburg.

Usually cities are known for their towers, statues or buildings, but Odessa is best symbolized by.

the massive stone descent from Primorsky Boulevard to the pier. Climbing up (or down) the 192 uneven granite steps can be a task, but it is worth seeing both ends, the stairs were built as an illusion: the lower stairs are much wider than the upper, so that the width appears uniform if you face the stairs from the top. The steps are best viewed from the bottom due to their gradual narrowing towards the top making them seem higher and more majestic from below.



Deribasivska is the very heart of Odessa, Odessa's central street. It attracts tourists with age-old shady linden trees, numerous cafes and restaurants, souvenir stands, street performances, and folklore shows. Deribasivska Street leads to the City Gardens with its fountain, old summerhouse and sculpture of lion and lioness.



## **ART GALLERY WITH GROTTTO, CHAMBER MUSIC AND CHAMPAGNE**

Museum of Fine Arts features a collection of more than 10 thousand original paintings of the 17th – 20th centuries, including by I. Repin, I. Shishkin, I. Aivazovsky. The main hall, the former ballroom, has a beautiful inlaid floor, intricate plasterwork and an exquisite Meisen porcelain chandelier. Besides a beautiful Palace and rich museum collection, the guests will visit an underground Grotto imitating a natural cave with artificial waterfall. The Grotto – former subway between two Palaces – Narishkin (Art Gallery) and Vorontsov (Children's culture centre) – where many noble parties took place – is a wonderful and mysterious place with stone sculptures, steps, fountain and stalactites. You will be met with a chamber music of violin and clarinet duet played by well-known Odessa musicians.

## **OPERA AND BALLET THEATRE**

Odessa has been called "A City of Music Lovers" – and it well deserves the designation. Odessa Opera and Ballet Theatre is once echoed with concerts conducted by Peter Tchaikovsky and ballets featuring Anna Pavlova. The interior of this impressive structure, which ranks in grandeur with Milan's La Scala and Moscow's Bolshoi, is richly decorated in Louis XVI style. Exquisite inside decor in the style of Viennese baroque blended with elements of the Italian Renaissance and French rococo, sculptural groups taken from Greek mythology, the stucco mouldings and gault friezes combined with the red velvet of the seats.



## CATACOMBS

Your exploration of Odessa would not be complete without a visit to the labyrinth of catacombs that thread about 600 miles under the city and its environs, and made good hideouts for World War II resistant. This is the only historical site of its kind, and Europe's longest manufactured subsurface labyrinth.

## OLD TURKISH FORTRESS – AKKERMANN

Bilhorod-Dnistrovskiy (50 miles away from Odessa) is one of the world's oldest towns (established 2,500 years ago). By its age, it stands in the same row with Athens, Rome, Jerusalem, and Beijing. In the 4th century BC, it was called Tira and was a city-state coining its own money.

The fortress of Bilhorod-Dnistrovskiy (13th – 15th centuries) is the most impressive historical fortifications in Ukraine. It is located on the high bank of the Dniester estuary and from three sides the fortress was surrounded with moats 10 meters wide that were linked by the locks with the estuary.





## DANUBE DELTA

There is a coast reserve where sunrises imperceptibly give place to sunsets, where the full-watered rivers flow rich of the fish, where it is easy to meet a flock of pelicans in the boundless reed thickets. The Danube peacefully streams to the Black Sea embraces. The river falls into the sea by several branches. In addition, one of the branches – the Kiliysky branch – is divided into three deltas that look like a fork. There stands the unique town on the water there – Vilково (“vilka” is Russian for “fork”). Its streets are water channels, and the main transport is a boat.



Narrow streets and old churches of the Ukrainian Venice, native fisherman’s fish-soup cooked on camp-fire and tasty herbal tea waits you here...

You will have a water-trip around the coast reserve on the “Pelican” vessel or on the motor-boat, taking the acquaintance with agricultural traditions of the delta, with traditions and life of inhabitants, visiting the symbolic kilometre “0” of the Danube, walking around the coast reserve, making the acquaintance with flora and fauna of the reserve, visiting “Poludennoe” (Midday;) cordon of the Danube biosphere reserve, view of the first land of the delta from the 11-meter observe tower.



# ODESSA EXCURSION PROGRAM

## ODESSA

5 days/4 nights

- 1 Day. Arrival to Odessa. Meet & greet at the airport. Transfer to the hotel.
- 2 Day. City tour of Odessa (Opera and Ballet theatre, Potiomkin Stairs, the One-wall building, Primorskiy Boulevard, Deribasovskaya Street) Catacombs Art Gallery incl. visit to the Grotto, chamber music and champagne.
- 3 Day. Full day tour to Danube delta (Vilkovo).
- 4 Day. Full day to Akkermann (Bilhorod-Dnistrovskiy) fortress.
- 5 Day. Departure transfer to the airport.

## KYIV- ODESSA

5 days/4 nights

- Day 1. Arrival to Kyiv. Meet & greet at the Boryspil airport. Transfer to the hotel.
- Day 2. City tour with visit of St. Sophia: during the tour you will see Khreshchatyk, the Opera and Ballet Theatre, Golden gates, St. Michael's Cathedral and visit St. Sophia. Free time on Andriivsky Uzviz. Visit the unique "Chernobyl" museum.
- Day 3. Transfer to the airport. Flight Kyiv-Odessa. Transfer to the hotel. City tour around Odessa (Opera and Ballet theatre, Potiomkin Stairs, the One-wall building, Primorskiy Boulevard, Deribasovskaya Street) Catacombs Art Gallery incl. visit to the Grotto, chamber music and champagne.
- Day 4. Full day tour to Danube delta (Vilkovo)
- Day 5. Departure and transfer to the airport.



# ODESSA RECOMMENDED HOTELS

## **Bristol Hotel Odessa, 5\***

For more than a century, business hotel Bristol has been offering the highest quality service remaining the hotel of choice for many prominent figures in world politics, art and culture.

The hotel has 115 rooms, their interior recreating an atmosphere of the Baroque era. There is a wide range of rooms available: from cozy attic guestrooms to luxurious suites including the Presidential Suite overlooking Pushkins'ka St., the historic street of Odessa.

The hotel's guests are also offered a unique for Odessa opportunity to stay in one of the Luxury Fashion Suites, which singular interiors were individually created by the world's leading design studios.

In addition to unique accommodation, the hotel offers the services of a fine restaurant «Le Grand Café Bristol» and more than 700 sq. m of space equipped for business meetings, conferences, summits and events of private nature (weddings, anniversaries and birthdays).



## **Hotel Mozart, 4\***

Legendary Hotel Mozart combines the best features of Odessa hospitality and European service, occupying a prominent place on the city's hotel map.

The unique location of the hotel helps its guests to discover the atmosphere of the city. Overlooking the world-known Opera and Ballet Theatre, Hotel Mozart offers complete comfort and proximity

to major local attractions: only 12 km from Odessa International Airport with easy access to museums, shops, restaurants and central Deribasovskaya Street and 20 minutes drive to Arcadia - the most popular resort area and entertainment center on the Black Sea coast. The Hotel Mozart building, located at 13 Lanzheronovskaya Street, is a testament to local architecture and urban design. It stands in an area that has witnessed continuous changes since the foundation of Odessa.

# ODESSA RECOMMENDED HOTELS



## LONDSKAYA 4\*

Londonskaya Hotel is ideally located in the heart of Odessa – Primorsky Boulevard – within easy walking distance to the Opera and Ballet Theatre, Literature and Archeological museums, shops, Sea Terminal, 2 kilometres from the train station and 12 kilometres away from the Odessa International Airport. Fashionable facade, marble staircases, sparkling crystal chandeliers, bright stained-glass windows – we are certain that

this atmosphere of unique luxury will welcome you to an extraordinary experience.

Londonskaya Hotel offers 70 rooms (smoking and non-smoking) – Mansard Rooms, Superior Rooms including two rooms for disabled guests, Junior Suites, Suites and Presidential Suite. All guestrooms reflect the regal opulence of the past century that hosted the rich and famous with 3-meter high ceilings, gold gilded ceilings, pillars, inlaid floors and elaborate chandeliers. All rooms and suites feature air-conditioning, satellite television, telephone with international direct dial facility, free Wi Fi Internet, mini bar, in-room safe, sitting and work area, the voltage is 220V in the rooms, complimentary local newspapers and magazines, terry bathrobe and slippers.

## BLACK SEA 3\*

The finest balance of modern style, homelike comfort and reasonable prices gives the BLACK SEA HOTEL its unique style in which you can find all the delights of modern civilization. The eleven-storied building of the BLACK SEA Hotel with its 216 rooms is situated in the historic central part of Odessa at the focal point of business activity and of the political and cultural life. Not far from the hotel are the railway station,



the opera house and one of the beaches belonging to the recreational zone of the city. Pushkinskaya Street that passes near the Hotel will lead you on to Primorsky Boulevard as well as to the City Hall and to the famous Potyomkin staircase. A beauty salon, a fitness hall, a swimming pool, solarium and sauna are at your service. There are a restaurant, nightclub, a casino and a bar with billiard at your disposal, while the impeccable security service will allow you to spend time safe and carefree.

# SPA AND WELNESS IN UKRAINE

## WE INVITE people

from all over the world to  
rest and treat in Ukraine.

Ukraine is a perfect place for people who wish to rest and get healthier in the spas of our country. In modern world, the spa treatment and rest are one of the most important ways to maintain health. Medical programs at hotels will make your vacations not only enjoyable and memorable, but useful as well!



# SPA AND WELNESS IN TRUSKAVETS

Truskavets has extremely ancient history. The first written mention of Truskavets refers to the XV century. The city is located in a pleasant and ecologically clean area. Truskavets – a unique spa resort – is the oldest one in Europe, situated in the Carpathian foothills at an altitude of 400 m above sea level, in a picturesque ravine, surrounded by hills and covered with diverse plants.

The resort surprises with diversity of terrestrial and subterranean mineral waters with fourteen springs: “Naftusya”, “Yuzya”, “Mariya”, “Sofia”, “Bronislava” and others; deposits of “mineral wax” – ozokerite, which only deposit in the world is located in four kilometres from the resort town of Boryslav. The competitor of the famous Karlovy Vary salt is Truskavets salt «Barbara», which is extracted from the highly mineralized brine (salt solution).

## TRUSKAVETS HOTELS & COMPLEXES

### RIXOS-PRYKARPATTYA

Diagnostic medical treatment and rehabilitation resort complex

“Rixos-Prykarpattya” is located near the centre of Truskavets – the world’s famous balneal resort, famous by the underground sources of mineral waters, transparent air of Carpathian Mountains and picturesque vicinities. Fine mountain landscapes, elegant architecture and

magnificent internal decoration of the complex create an atmosphere of wonderful rest.

Rixos-Prykarpattya is placed on the area of 12 hectares. It’s infrastructure comprises: medical centre with modern equipment, comfortable rooms, own well-room with mineral waters, SPA-centre with mini aqua park, gym, sauna and beauty shop, leisure centre with disco, billiards and bowling, tennis courts and archery on the open air. There are also 2 restaurants, 6 bars, 3 conference halls, bank, shopping mall, children’s cafeteria, mini club and playground for children.



### GENEVA LUXURY RESORT

The medical centre of the resort complex “Luxury Resort” (“Geneva”) provides a wide range of spa, massage, physiotherapeutic, gynaecological, dental, proctologic procedures under the supervision of experienced professionals using modern equipment.



The main medical profile – gastroenterology and urology – is based on the domestic reception of mineral water (“Naftusya”, “Mariya”, “Soda”, “Morshinska Ropa №6”), diet therapy, aromatherapy, ozokerite therapy, spa physiotherapy, colon hydrotherapy, magnetic therapy, manual therapy.

Water treatment is an integral part of most treatment programs offered by “Luxury Resort” (“Geneva”). Bubble bath, Sharko shower, circular and rising douche, underwater douche-massage due to its unique properties, will significantly improve your health, regain strength, will give youth the body.

In the resort complex “Luxury Resort” (“Geneva”) the author’s programs were developed for the musculoskeletal system (spinal injury consequences), rehabilitation of stroke patients, weight loss program, and rejuvenation and cleansing.

## CHALET GRAAL

“Chalet Graal” therapeutic-recreational resort complex is a new unique recreational complex situated in the western region of Ukraine. It differs from other hotels and resorts due to its very special atmosphere. The complex has everything for comfortable recreation and body recovery. Advanced health technologies; a team of professional doctors (doctors of the highest category, authors of modern rehabilitation techniques, work at the ‘Abel’ complex); attentive, friendly staff; comfortable environment; unique mineral waters and amazing nature provide both excellent results and great pleasure!



## SPA AND WELNESS IN MORSHYN

One of the most picturesque resort of Ukraine – Morshyn – is situated in the foothills of the Western Carpathians, near the town Stryi, Lviv region, where, as local people say, once time was lost. Morshyn Resort is located in a picturesque valley surrounded by pine and deciduous forests. So, be prepared that you can lose track of the days...

Morshyn is a well-known spa town in the Lviv region caring for gastrointestinal issues. Morshyn has mineral waters of different chemical compositions. Its main healing tool is natural mineral water that contains such useful

microelements as iron, bromine, iodine, magnesium and considerable amounts of dissolved oxygen. Mineral water sources have been successfully used for the treatment of chronic diseases of the stomach, intestines, and pancreas. Many researchers equated it with the waters of well-known German, Hungarian and Czech spas.

Carlsbad of Halychyna is how those who came to this famous water resort from all over Western Europe called it in the 19th century. Morshyn brine was exported to the United States, Great Britain, Italy, Romania and other countries.

# MORSHYN HOTELS&COMPLEXES



## ARCADIA

The sanatorium "Arcadia" is located in a beautiful, comfortable and well-maintained building in the heart of the resort Morshyn. Moreover, here is mineral water pump room next to the sanatorium.

For our guests we offer completely different rooms, both in terms of comfort and price. We have tried to balance the traditional hospitality and a high level of modern service. The sanatorium "Arcadia" has unique natural

therapeutic factors: mineral water- brine, source № 1 и № 6; mineral water, source № 4; ozokerite; glauconite (green clay); bischofite.

## THE MARBLE PALACE

(MRAMORNYI DVORETS)

The sanatorium "Arcadia" is located in a beautiful, comfortable and well-maintained building in the heart of the resort Morshyn. Moreover, here is mineral water pump room next to the sanatorium.

For our guests we offer completely different rooms, both in terms of comfort and price.

We have tried to balance the traditional hospitality and a high level of modern service. The sanatorium "Arcadia" has unique natural most famous and most respectable sanatorium in Morshyn which was built in 1935-1938 and has capacity of 150 seats. 11 types of marble were used in building. The territory of "Marble Palace" is decorated with numerous gypsum sculptures made in antique style and it makes this territory unique.



## KIEV +

The building of "Kiev+" was the first one in this area and was built in 1978. This was the only institution in Morshyn of the hotel type that was awarded with a certificate of "three star hotel". Everything is created for a comfortable stay here: the area with its own park, playground, friendly staff and comfortable rooms. Amazing view, fresh air, calmness... What can be better...? The sanatorium "Kiev +" can accommodate more than 300 people. There are 32 rooms of the superior type, single and double rooms with all conveniences.

Skhidnytsia is a pearl resort of the Lviv region; it is also called "The Ukrainian Switzerland". The spa (medical) resort Skhidnytsia became famous thanks to mineral waters: "Naftusia", "Borjomi", "Soda", and "Chalybeate".

The village is located in the Carpathians, 100 km from Lviv, on the height of 640 meters above the sea level, in the hollow, surrounded by high mountains covered with fir, pine and beech woods. Diseases of bile-excreting system, urogenital system, gastrointestinal tract, metabolic diseases, and postoperative

conditions are treated in Skhidnytsya. Mineral water of Skhidnytsya – "Naftusya", springs of soda type ("Borjomi" type), chalybeate, chloride-sodium springs with increased content of bromine are used both internally and externally in order to treat functional disorders of nervous system and skin diseases.

Mineral water of Skhidnytsia, "Naftusya", has 38 springs, 17 wells, and more than 25 unexplored springs. Territory of springs is eight km<sup>2</sup>. Mineral water is formed in the interior of the Earth, and in combination with organic substances and trace elements it creates its curative force.



## SHIDNYTSIA HOTELS & COMPLEXES

### THREE SONS AND A DAUGHTER

(TRY SYN Y TA DONKA)

The hotel complex "Three sons and a daughter" with health-improving functions is located on the spa resort Skhidnytsia named after Yemelian Stotskii. The complex was built in classical style with gothic elements. It has: 50 rooms of different categories, a restaurant (with full board meal plan), a bar, a VIP-hall, 2 swimming pools: for children and adults, solarium, sauna, cryosauna, and a gym with an instructor. There are 38 thermal springs. Based on the hotel complex, a medical centre called "Vlado" operates with modern equipment and highly qualified staff.





## SANTA MARIA

A three star hotel and health complex "Santa Maria" is situated at an altitude of 700 meters above the sea level in a picturesque valley of the nature reserve "Skolivskie Beskidy" of Skhidnytsia spa resort, surrounded by majestic Carpathian Mountains, clean mountain air and beautiful surroundings. There are many natural springs (about 38 springs) in Skhidnytsia. The spring №18 is the one, which has the most useful properties and is located near this hotel.

## "KIEVAN RUS" SHIDNYTSIA

Four-star health resort in Skhidnytsya with spa treatment and health functions "Kyivska Rus" invites guests wishing to have a good rest in Carpathians and treatment in a picturesque corner of north-eastern slopes of the Carpathians, the spa resort village Skhidnytsya.

Today, guests of a hotel «Kyivska Russ» can not only improve their health and to have a good rest, but also to cure various diseases. Our sanatorium in

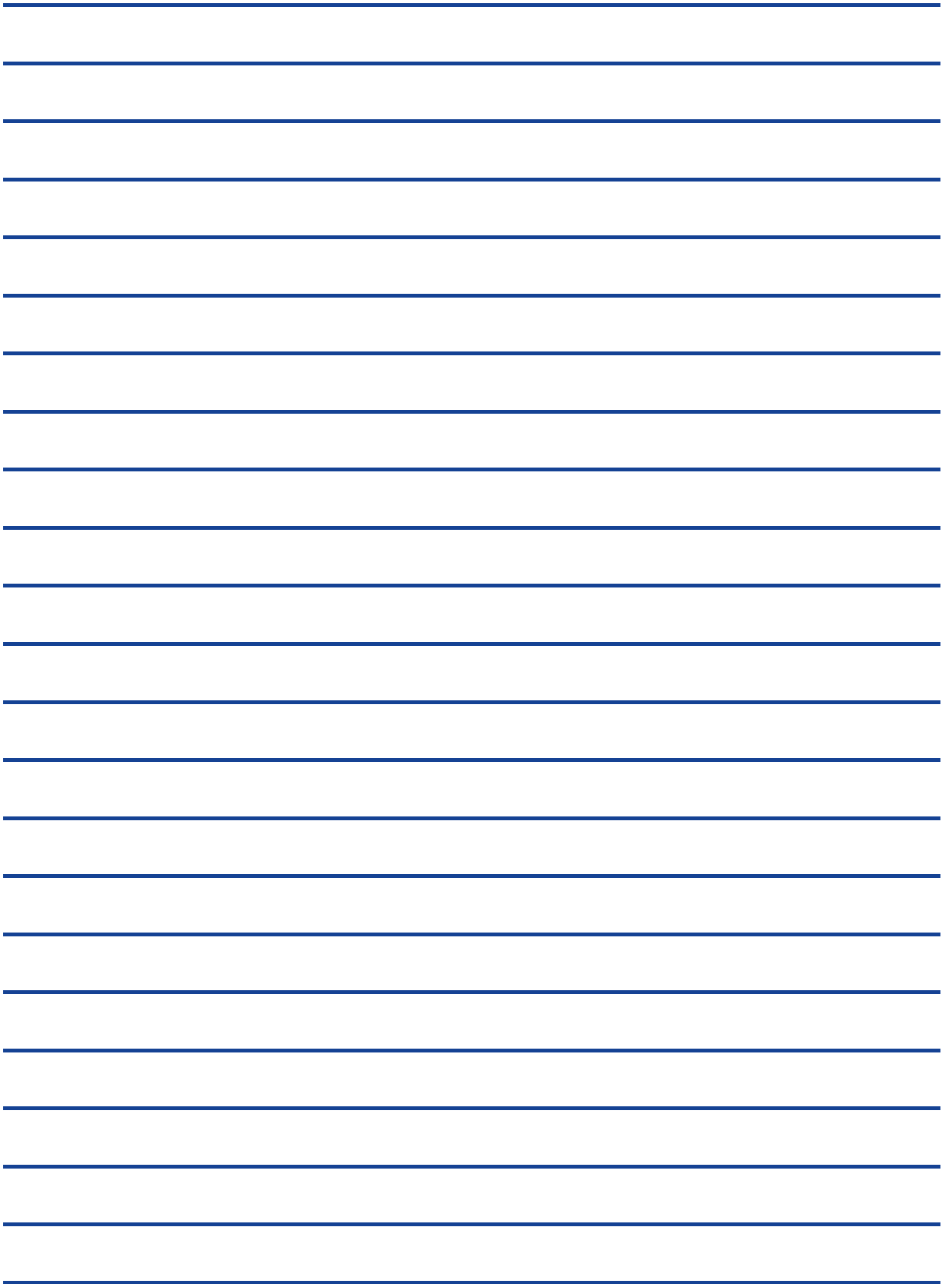
Skhidnytsya has created all necessary conditions for that. Highly skilled workers of the medical centre conduct different medical services an appropriate examination and diagnosis and provide skilled advice and recommendations on your health status. According to the medical diagnosis, our doctors will determine the mode of application and type of mineral water for internal and external use. For a combined treatment of diseases a variety of medical programs is used, the medical centre of the hotel is equipped with the modern medical equipment of leading European manufactures.

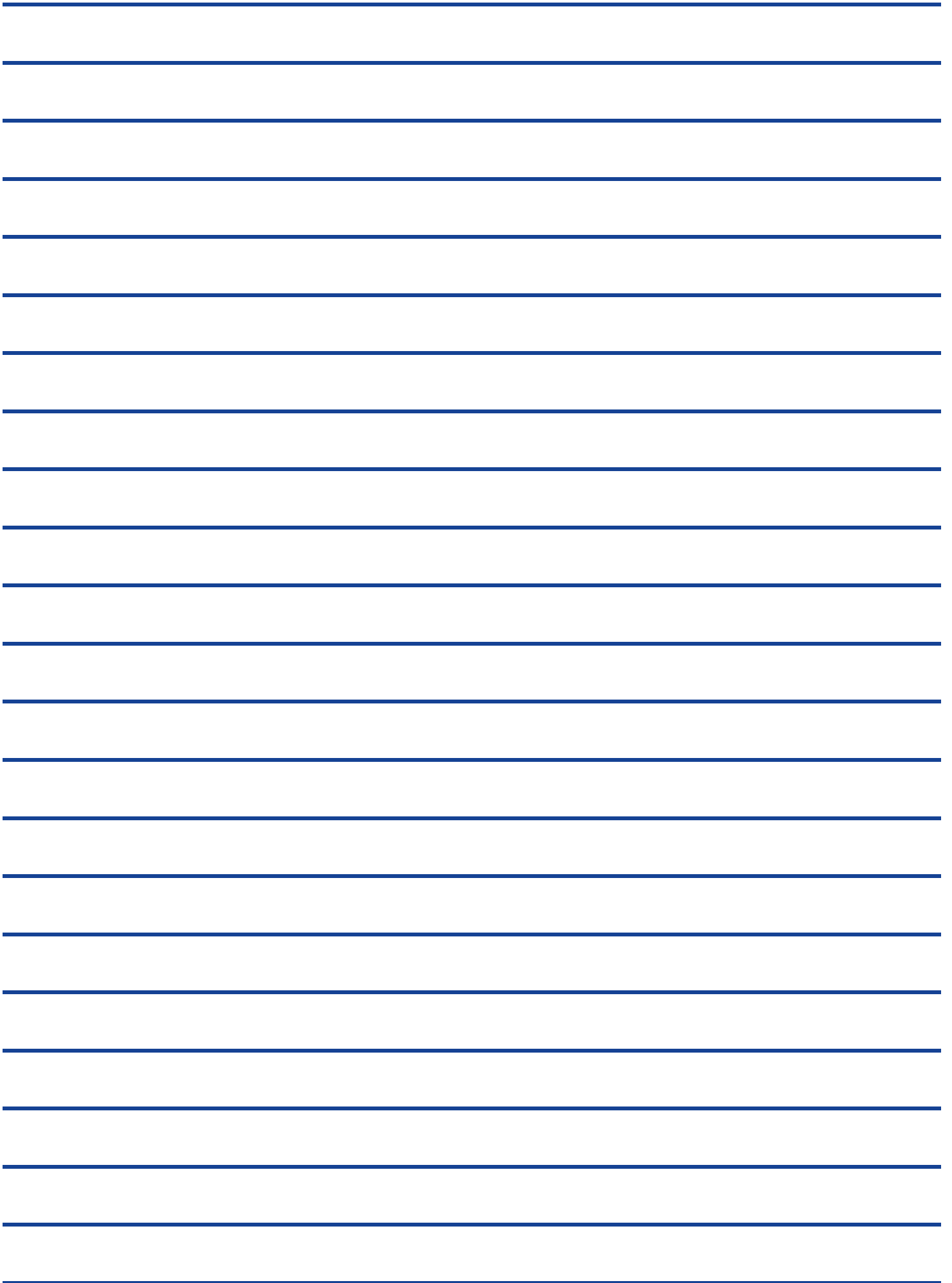


## SPA HOTEL RESPECT

The "Respect Spa-hotel" is located at a picturesque corner of Skhidnytsia. It started to receive guests in May 2010. There are 27 comfortable rooms with wonderful view of the mountains in the hotel. It is rather close to all wells of Skhidnytsia. Besides that, there is a mineral water pump room on the territory of the hotel.

The specialists of the hotel will make up an individual health improvement program for you, including such manipulations as speleotherapy, ozokeritotherapy, wellness- therapy, SPA and swimming pool, walks and excursions. To dine at our restaurant is to experience arguably the very best cuisine available in Ukraine. A range of spectacular rooms and a disparate menu makes staying at the hotel a memorable occasion.







# CONTACTS DETAILS

## MAIN OFFICE:

office 306,  
34 Velyka Vasilkivska str.  
Kyiv, 01004, Ukraine  
Tel/fax: +380 44 545 44 44  
E-mail: [ukraine@tpg.ua](mailto:ukraine@tpg.ua)  
[corporate@tpg.ua](mailto:corporate@tpg.ua)

## YOU CAN FIND OUR OFFICES IN:

Zaporizhia (Ukraine)  
Kharkiv (Ukraine)  
Dnipro (Ukraine)  
Odessa (Ukraine)  
Lviv (Ukraine)  
Almaty (Kazakhstan)  
Warsaw (Poland)